Shin Toriu ¹Institute of S <u>3-1-1 Yoshin</u> ²Institute for S Japan ³W.W. Hansen *Correspondin Solar They coron

Chapter 1 Solar Flares and Magnetic Helicity

Shin Toriumi^{1*} and Sung-Hong Park^{2,3}

¹Institute of Space and Astronautical Science, <u>Japan Aerospace Exploration Agency</u>, <u>252-5210</u>, <u>Kanagawa</u>, <u>Sagamihara</u>, <u>3-1-1 Yoshinodai</u>, <u>Chuo-ku</u>, <u>Japan</u>

²Institute for Space-Earth Environmental Research, Nagoya University, 464-8601, Aichi, Nagoya, Furo-cho, Chikusa-ku, Japan

³ W.W. Hansen Experimental Physics Laboratory, Stanford University, 94305, CA, Stanford, 452 Lomita Mall, USA

*Corresponding Author: Shin Toriumi; toriumi.shin@jaxa.jp

Solar flares and coronal mass ejections are the largest energy release phenomena in the current solar system. They cause drastic enhancements of electromagnetic waves of various wavelengths and sometimes eject coronal material into the interplanetary space, disturbing the magnetic surroundings of orbiting planets including the Earth. It is generally accepted that solar flares are a phenomenon in which magnetic energy stored in the solar atmosphere above an active region is suddenly released through magnetic reconnection. Therefore, to elucidate the nature of solar flares, it is critical to estimate the complexity of the magnetic field and track its evolution. Magnetic helicity, a measure of the twist of coronal magnetic structures, is thus used to quantify and characterize the complexity of flare-productive active regions. This chapter provides an overview of solar flares and discusses how the different concepts of magnetic helicity are used to understand and predict solar flares.

Keywords: Solar flares, Coronal mass ejections, Active regions, Magnetic fields, Magnetic helicity

1.1. Introduction

In astronomy, the term "flare" generally refers to the sudden brightening of electromagnetic waves at a variety of wavelengths. In the Sun, the flares (Figure 1.1) are occasionally observed as brightenings across the spectrum from X-rays to radio waves with time scales of minutes to hours [Fletcher et al., 2011, Benz, 2017]. The typical amount of energy released during the flares ranges from 10^{28} to 10^{32} erg, making flares



Figure 1.1: Solar flare and CME. (Left) An X2.2-class flare in NOAA AR 11158, as observed by the Hinode satellite. The top panel shows the intensity of the Ca II H line, in which bright "flare ribbons" expand across the AR, whereas the bottom panel displays the corresponding photospheric magnetogram (white/black corresponds to positive/negative polarity), both detected by Hinode/SOT [Kosugi et al., 2007, Tsuneta et al., 2008]. (Right) Lightbulb-shaped CME captured by SOHO/LASCO on 2000 February 27. Courtesy of SOHO (ESA & NASA).

the largest energy-releasing phenomena in the current solar system.¹ Solar flares affect orbiting planets in different ways. For instance, X-ray and ultraviolet emissions enhance the degree of ionization of planetary atmospheres, accelerating the escape of atmospheres from the planets. Coronal mass ejections (CMEs), often accompanying large-scale flares [Chen, 2011], may hit the magnetosphere of the Earth, causing magnetic storms and malfunctions in telecommunication systems. Therefore, in modern civilization with highly advanced information technology, the prediction and forecasting of flares and CMEs is an urgent issue [Barnes et al., 2016, Kusano et al., 2021].

Observations have shown that particularly strong flares are typically associated with active regions (ARs), conglomerates of magnetic flux with sunspots, which strongly suggests that flares are a release of the free magnetic energy (ΔE_{mag}) that is accumulated in the corona during the evolution of ARs:

$$\Delta E_{\rm mag} = E_{\rm mag} - E_{\rm p} = \int_V \frac{B^2}{8\pi} \, dV - \int_V \frac{B_{\rm p}^2}{8\pi} \, dV, \tag{1.1}$$

where \boldsymbol{B} is the actual magnetic field and $\boldsymbol{B}_{\rm p}$ is the potential (current-free) field, $\nabla \times \boldsymbol{B}_{\rm p} = 0$. Here, the potential field can be proven to be the minimum possible magnetic energy for a given distribution of the normal magnetic field $B_{\rm n}$ on the photospheric surface.² In a modern view, flares occur in association with magnetic reconnection, a magnetohydrodynamic (MHD) process that converts (free) magnetic energy into kinetic energy and thermal energy with nonthermal particle acceleration [Priest and Forbes, 2002, Shibata and Magara, 2011].

Statistically, stronger flares occur in sunspot groups of not only larger spot areas, or larger amounts of magnetic flux in the photospheric surface (S_{ph}) ,

$$\Phi = \int_{\mathcal{S}_{ph}} |B_n| \, dS,\tag{1.2}$$

but also with more complex shapes [Sammis et al., 2000, Toriumi et al., 2017]. Most of the sunspot groups are categorized as β -spots, in which umbrae of the positive and negative polarities have their own penumbrae. However, it is known that the strongest flares tend to occur in sunspot groups called δ -spots, in which the positive and negative polarities are close to each other and surrounded by a single penumbra.

¹The magnitude of solar flares is characterized by the maximum soft X-ray flux of 1-8 Å measured by the Geostationary Operational Environmental Satellite (GOES). The GOES classes are A, B, C, M, and X, corresponding to 10^{-8} , 10^{-7} , 10^{-6} , 10^{-5} , and 10^{-4} W m⁻² at Earth.

²This property is known as Thomson's theorem, which requires the assumption that the magnetic field is solenoidal.

In such ARs, magnetic structures often display signs of helical configurations, such as sheared polarity inversion lines (PILs), rotating sunspots, and magnetic flux ropes [Toriumi and Wang, 2019]. Therefore, magnetic helicity is widely used as an index to quantitatively measure the degree of twist and complexity of ARs. It is expected that elucidating the relationship between the magnetic helicity supplied to the solar surface and accumulated magnetic energy will lead to an understanding of flares and CMEs [Park et al., 2010b, 2012, Tziotziou et al., 2012, Kim et al., 2017], and give rise to better prediction and forecasting capabilities [Bobra et al., 2014, Bobra and Couvidat, 2015, Bobra and Ilonidis, 2016, Leka et al., 2019].

This chapter discusses the concept of magnetic helicity in the context of AR evolution and its relationship with flare eruptions. For general accounts of flares and CMEs, readers may refer to other reviews by, e.g., Priest and Forbes [2002], Fletcher et al. [2011], Shibata and Magara [2011], and Benz [2017]. Regarding the observational characteristics of the flare-productive ARs and the attempts to theoretically reproduce them, refer to Toriumi and Wang [2019].

The remainder of this chapter is organized as follows. In Section 1.2, we provide an overview of the basic concepts and formulations of magnetic helicity. In Section 1.3, we provide methods for measuring the volume helicity and helicity flux. Then, in Section 1.4, we review some practical applications of these methods to actual AR data. Section 1.5 describes the numerical reconstruction and modeling of coronal magnetic fields, which are important for accurately measuring the helicity and validating the techniques. Finally, in Section 1.6, we summarize this chapter and discuss future perspectives. We note that, although other forms of helicity (e.g., current helicity and kinetic helicity) are also discussed in the context of flare activity in ARs, in this chapter, we keep our primary focus on magnetic helicity.

1.2. Basic concepts and formulations

Magnetic helicity is a well-conserved quantity that represents the topology of a magnetic field, e.g., twists, kinks, and internal linkages [Elsasser, 1956, Woltjer, 1958, Moffatt, 1969]. The helicity H of a magnetic field \boldsymbol{B} contained within a given volume V is defined as

$$H = \int_{V} \boldsymbol{A} \cdot \boldsymbol{B} \, dV, \tag{1.3}$$

where A denotes the corresponding vector potential of B, i.e., $B = \nabla \times A$. It is strictly conserved in ideal MHD [Woltjer, 1958]. The dissipation is relatively weak even in resistive MHD [Taylor, 1974, Berger and

Field, 1984], including typical flares [Berger, 1984], which is one of the reasons why magnetic helicity has been used for studying the eruptivity.

Equation (1.3) is gauge-invariant only for magnetic fields fully contained in a closed volume. To circumvent this limitation, for open systems such as the solar corona, Berger and Field [1984] and Finn and Antonsen [1985] introduced the *relative helicity*,

$$H_{\rm R} = \int_{V} (\boldsymbol{A} + \boldsymbol{A}_0) \cdot (\boldsymbol{B} - \boldsymbol{B}_0) \, dV, \qquad (1.4)$$

where B_0 is the reference field and A_0 is its vector potential, $B_0 = \nabla \times A_0$. For practical purposes, the potential field B_p is often chosen as the reference field,

$$H_{\rm R} = \int_{V} (\boldsymbol{A} + \boldsymbol{A}_{\rm p}) \cdot (\boldsymbol{B} - \boldsymbol{B}_{\rm p}) \, dV.$$
(1.5)

The relative helicity (1.5) can be decomposed into two separately gauge-invariant components [Berger, 2003]: $H_{\rm R} = H_{\rm j} + 2H_{\rm pj}$ with

$$H_{j} = \int_{V} (\boldsymbol{A} - \boldsymbol{A}_{p}) \cdot (\boldsymbol{B} - \boldsymbol{B}_{p}) \, dV, \qquad (1.6)$$

$$H_{\rm pj} = \int_{V} \boldsymbol{A}_{\rm p} \cdot (\boldsymbol{B} - \boldsymbol{B}_{\rm p}) \, dV, \tag{1.7}$$

where H_j is the helicity of the current-carrying, or non-potential, component of the magnetic field, $B_j = B - B_p = \nabla \times (A - A_p)$, and H_{pj} is the *mutual helicity* between B_j and B_p .

However, care must be taken when considering Equation (1.5) because the integrand $(\mathbf{A}+\mathbf{A}_{\rm p})\cdot(\mathbf{B}-\mathbf{B}_{\rm p})$ is only meaningful if integrated over the whole domain, and the simple sum of the relative helicity in contiguous subvolumes is not equal to the relative helicity of the entire volume [Berger and Field, 1984, Longcope and Malanushenko, 2008]. To overcome this additivity problem, Longcope and Malanushenko [2008] proposed dividing the volume into a set of subvolumes whose boundaries between them are magnetic flux surfaces with no magnetic field penetrating them. The *additive self helicity* is thus defined as the relative helicity integrated only over the corresponding subvolume with respect to the reference potential field restricted to the subvolume:

$$H_{\mathrm{R}i} = \int_{V_i} (\boldsymbol{A} + \boldsymbol{A}_{\mathrm{p}i}) \cdot (\boldsymbol{B} - \boldsymbol{B}_{\mathrm{p}i}) \, dV, \qquad (1.8)$$

where V_i is the subvolume bounded by the flux surface, and B_{pi} and A_{pi} are its potential field and the

vector potential, respectively. The additive self helicity is integrated to obtain the relative helicity:

$$H_{\rm R} = \sum_{i} H_{\rm Ri},\tag{1.9}$$

where the i indexes denote the subvolumes.

However, in the definition by Longcope and Malanushenko [2008], it is difficult to find a suitable set of subvolumes in practical situations, and the finest possible decomposition may be to take an infinitesimally thin tube around each field line. In this limit, the reference potential field would be the magnetic field itself, so that the additive self helicity would vanish. Yeates and Page [2018] followed a different approach, decomposing the relative helicity into a *relative field-line helicity*, which vanishes along any field line where the original field matches the reference (potential) field. The integral of the relative field-line helicity gives the relative helicity. Although this is also true for the additive self helicity of Equations (1.8) and (1.9), it is only in relative to the sum of the local reference fields rather than the global reference field used in the relative helicity.

As described in detail in Pariat et al. [2015], the temporal variation in the relative magnetic helicity $H_{\rm R}$ in a closed volume V can be expressed as

$$\frac{dH_{\rm R}}{dt} = 2\int_{V} \boldsymbol{A} \cdot \frac{\partial \boldsymbol{B}}{\partial t} \, dV + \int_{\partial V} \left[(\boldsymbol{A} - \boldsymbol{A}_{\rm p}) \times \frac{\partial (\boldsymbol{A} - \boldsymbol{A}_{\rm p})}{\partial t} \right] \cdot d\boldsymbol{S} - 2\int_{V} \boldsymbol{A}_{\rm p} \cdot \frac{\partial \boldsymbol{B}_{\rm p}}{\partial t} \, dV. \tag{1.10}$$

It should be noted that only the sum of the three integrals on the right-hand side is gauge-invariant, whereas each integral is not. By using the Faraday's law and the Gauss divergence theorem and assuming an ideal MHD condition at the boundary of the volume (i.e., $\boldsymbol{E}|_{\partial V} = (-\boldsymbol{v} \times \boldsymbol{B})|_{\partial V}$), $dH_{\rm R}/dt$ of Equation (1.10) can be decomposed into two volume integrals and four flux terms on the surface of V as

$$\frac{dH_{\rm R}}{dt} = \frac{dH_{\rm R}}{dt} \bigg|_{\rm diss} + \frac{dH_{\rm R}}{dt} \bigg|_{\rm B_p, var} + F_{\rm v_n} + F_{\rm B_n} + F_{\rm AA_p} + F_{\phi}, \tag{1.11}$$

where

$$\left. \frac{dH_{\rm R}}{dt} \right|_{\rm diss} = -2 \int_{V} \boldsymbol{E} \cdot \boldsymbol{B} \, dV \tag{1.12}$$

$$\left. \frac{dH_{\rm R}}{dt} \right|_{\rm B_p, var} = 2 \int_V \frac{\partial \phi}{\partial t} \nabla \cdot \boldsymbol{A}_{\rm p} \, dV \tag{1.13}$$

$$F_{\rm vn} = -2 \int_{\partial V} (\boldsymbol{B} \cdot \boldsymbol{A}) \boldsymbol{v} \cdot d\boldsymbol{S}$$
(1.14)

$$F_{\rm B_n} = 2 \int_{\partial V} (\boldsymbol{v} \cdot \boldsymbol{A}) \boldsymbol{B} \cdot d\boldsymbol{S}$$
(1.15)

$$F_{AA_{p}} = \int_{\partial V} \left[(\boldsymbol{A} - \boldsymbol{A}_{p}) \times \frac{\partial (\boldsymbol{A} - \boldsymbol{A}_{p})}{\partial t} \right] \cdot d\boldsymbol{S}$$
(1.16)

$$F_{\phi} = -2 \int_{\partial V} \frac{\partial \phi}{\partial t} \boldsymbol{A}_{\rm p} \cdot d\boldsymbol{S}, \qquad (1.17)$$

and ϕ is the solution of the Laplace equation $\nabla^2 \phi = 0$ (i.e., satisfying $\mathbf{B}_{\rm p} = \nabla \phi$). Choosing the Coulomb gauge (CG; i.e., $\nabla \cdot \mathbf{A}_{\rm p} = 0$) for the potential field $\mathbf{B}_{\rm p}$, as well as having the following two additional constraints for the boundary condition:

$$\boldsymbol{A}|_{\partial V} = \boldsymbol{A}_{\mathrm{p}}|_{\partial V},\tag{1.18}$$

$$\boldsymbol{A}_{\mathrm{p}} \cdot \mathrm{d}\boldsymbol{S}|_{\partial V} = 0, \tag{1.19}$$

we can obtain a simplified expression of $dH_{\rm R}/dt$ as

$$\left. \frac{dH_{\rm R}}{dt} \right|_{\rm CG} = \left. \frac{dH_{\rm R}}{dt} \right|_{\rm diss} + F_{\rm v_n} + F_{\rm B_n}.$$
(1.20)

Now in the context of investigating the transport rate of the relative magnetic helicity across S_{ph} of a given AR into the corona, the concept of the *relative magnetic helicity flux* F_{tot} has been used in many previous studies of flaring ARs with photospheric magnetic field observations [e.g., Berger and Field, 1984],

$$F_{\text{tot}} = -(F_{v_{n}} + F_{B_{n}})$$

$$= 2 \int_{S_{\text{ph}}} \left[(\boldsymbol{A}_{p} \cdot \boldsymbol{B}_{h}) v_{n} - (\boldsymbol{A}_{p} \cdot \boldsymbol{v}_{h}) B_{n} \right] dS,$$
(1.21)

where the subscripts "n" and "h" indicate the normal and horizontal components, respectively. In Equation (1.21), the F_{v_n} term is associated with the emergence or submergence of a twisted magnetic structure through S_{ph} (often called the *emergence term*). The F_{B_n} term is related to the twisting or untwisting of magnetic field lines by horizontal footpoint motions on S_{ph} (the so-called *shear term*). The negative



Figure 1.2: Schematic diagram that demonstrates relevant examples of $F_{\text{tot}} > 0$ (top) and $F_{\text{tot}} < 0$ (bottom) across the solar surface (shown in gray), in the context of the two distinct helicity flux components F_{v_n} (panels a1–a4) and F_{B_n} (panels b1–b2). The magnetic flux tubes are described by field lines with right-handed (positive; red) and left-handed (negative; blue) helicity. Here, t_0 and t_1 are arbitrarily chosen only to demonstrate the time progress ($t_0 < t_1$).

sign in front of the sum of F_{v_n} and F_{B_n} is because the surface unit vector dS is chosen outwardly from the volume V in this particular case of helicity injection into the corona. It should be noted, however, that F_{tot} can be attributed to the transport of helicity into either the coronal domain or the subsurface across S_{ph} . In Figure 1.2, the general concept of F_{tot} is demonstrated with notable examples of $F_{tot} > 0$ (top) and $F_{tot} < 0$ (bottom) by the two distinct helicity flux terms of F_{v_n} (panels a1–a4) and F_{B_n} (panels b1–b2), respectively.

Once F_{tot} is determined as a function of time, the change in H_{R} due to helicity transport across S_{ph} over the time interval $\Delta t = t - t_0$ can be obtained:

$$\Delta H_{\rm R}(t) = \int_{t_0}^t F_{\rm tot} \, dt, \qquad (1.22)$$

where t_0 is the reference time (often considered as the start time of observations), and t is the time of interest. In the literature, $\Delta H_{\rm R}$ has often been referred to as the *injection* or *accumulation* of helicity into the AR coronal volume through S_{ph}. Nevertheless, strictly speaking, a more appropriate term may be helicity *change* as a result of the helicity flux transport. Again, as described in Figure 1.2, the transport can be achieved not only by injection into the coronal volume but also by removal from the corona into the subsurface.

1.3. Methods of helicity estimation

1.3.1. Volume helicity

If the coronal magnetic field is obtained as a result of extrapolation based on photospheric magnetic field measurement or numerical simulation (Section 1.5), it is possible to directly calculate the helicity in a coronal volume. As mentioned in Section 1.2, the relative helicity, $H_{\rm R} = \int (\boldsymbol{A} + \boldsymbol{A}_{\rm p}) \cdot (\boldsymbol{B} - \boldsymbol{B}_{\rm p}) dV$, has a degree of freedom in the choice of gauge. In many practical applications, the relative helicity is calculated for the magnetic field $\boldsymbol{B} = \nabla \times \boldsymbol{A}$ in a finite volume, often of the 3D computational box with the Cartesian coordinates (x, y, z) above a vector magnetic field on the photospheric surface (z = 0). In the past, the CG (i.e., $\nabla \cdot \boldsymbol{A} = 0$) has been used to calculate the volume helicity [e.g., Rudenko and Myshyakov, 2011, Thalmann et al., 2011]. However, the CG, when implemented, could be computationally expensive.

To overcome this issue, Valori et al. [2012] adopted a gauge by DeVore [2000], in which one component of the vector potential is 0, for instance, $A_z = 0$, which reduces the calculation cost. For a Cartesian box $V = [x_1, x_2] \times [y_1, y_2] \times [z_1, z_2]$, we are free to select a gauge $\hat{z} \cdot A = 0$ that satisfies

$$\boldsymbol{A} = \boldsymbol{A}_0 - \hat{\boldsymbol{z}} \times \int_{z_1}^{z_2} \boldsymbol{B}(x, y, z') \, dz', \qquad (1.23)$$

where the vector potential A_0 is a solution to the z-component of $B = \nabla \times A$ and is described as $A_0 = A(x, y, z_1) = (A_{0x}, A_{0y}, 0)$. We take a simple solution to this:

$$A_{0x} = -\frac{1}{2} \int_{y_1}^{y} B_z(x, y', z = z_1) \, dy', \qquad (1.24)$$

$$A_{0y} = \frac{1}{2} \int_{x_1}^x B_z(x', y, z = z_1) \, dx'.$$
(1.25)

Similarly, the vector potential for the reference potential field, $A_{\rm p}$, is calculated using the same A_0 as

$$\boldsymbol{A}_{\mathrm{p}} = \boldsymbol{A}_{0} - \hat{\boldsymbol{z}} \times \int_{z_{1}}^{z_{2}} \boldsymbol{B}_{\mathrm{p}}(x, y, z') \, dz'.$$
(1.26)

The relative helicity for the finite volume, $H_{\rm R}$, can be computed using the set of B, A, $B_{\rm p}$, and $A_{\rm p}$.

It should be noted here that the calculation results of the relative helicity may differ depending not only on the choice of gauge (CG or DeVore gauge) but also on the implementation method. Valori et al. [2016] systematically compared the relative helicity with multiple calculation methodologies and investigated the difference in calculation results and the dependence on spatial resolution. As a result, it was found, for instance, that the accuracy in computing $H_{\rm R}$ is found to vary by different methods, especially for the CG methods, and that the spread in $H_{\rm R}$ estimates between different methods converge in general at higher spatial resolutions.

1.3.2. Magnetic helicity flux

To determine the relative magnetic helicity in a coronal volume, it is essential to have a 3D coronal magnetic field, which requires complicated modeling efforts based on either the photospheric magnetic field observation or the polarization of coronal lines. On the other hand, it is straightforward to determine the time series of the magnetic helicity flux F_{tot} and examine the temporal variation and total amount of helicity transported across the AR photosphere.

One of the first practical methods for estimating F_{tot} in ARs was developed by Chae [2001, hereafter F_{tot}^{JC}], using line-of-sight magnetograms obtained by the Michelson Doppler Imager [MDI; Scherrer et al., 1995] onboard the Solar and Heliospheric Observatory (SOHO),

$$F_{\text{tot}}^{\text{JC}} = -2 \int_{\text{S}_{\text{ph}}} (\boldsymbol{A}_{\text{p}} \cdot \boldsymbol{v}_{\text{LCT}}) B_{\text{n}} \, dS, \qquad (1.27)$$

where v_{LCT} is the horizontal velocity of the *apparent* motions of magnetic elements in the photosphere, which is determined using the technique of local correlation tracking [LCT; November and Simon, 1988]. A_{p} is calculated from B_{n} using the fast Fourier transform (FFT) as

$$\boldsymbol{A}_{\mathrm{p,x}} = \mathrm{FFT}^{-1} \left(\frac{jk_{\mathrm{y}}}{k_{\mathrm{x}}^2 + k_{\mathrm{y}}^2} \mathrm{FFT}(B_{\mathrm{n}}) \right),$$

$$\boldsymbol{A}_{\mathrm{p,y}} = \mathrm{FFT}^{-1} \left(-\frac{jk_{\mathrm{x}}}{k_{\mathrm{x}}^2 + k_{\mathrm{y}}^2} \mathrm{FFT}(B_{\mathrm{n}}) \right).$$

(1.28)

 $F_{\text{tot}}^{\text{JC}}$ is a good proxy of F_{tot} under the condition that $\boldsymbol{v}_{\text{LCT}}$ reasonably represents the magnetic field-line footpoint velocity (sometimes called the flux transport velocity) $\boldsymbol{u} \equiv \boldsymbol{v}_{\text{t}} - (v_{\text{n}}/B_{\text{n}})\boldsymbol{B}_{\text{t}}$. However, we caution here that $\boldsymbol{v}_{\text{LCT}}$ is not valid in places where newly emerging or completely submerging flux patches appear. Figure 1.3 shows an example of the implementation of the $F_{\text{tot}}^{\text{JC}}$ method for NOAA AR 8011 observed by SOHO/MDI on 1997 January 17.

Another method of estimating F_{tot} was developed by Kusano et al. [2002, hereafter $F_{\text{tot}}^{\text{KK}}$], applying the LCT technique and an inversion from the normal component of the magnetic induction equation,



Figure 1.3: An example of estimating F_{tot} with the $F_{\text{tot}}^{\text{JC}}$ method for NOAA AR 8011. The line-of-sight magnetic field B_{LOS} was obtained by SOHO/MDI when the AR was located near the center of the solar disk at 17:00 UT on 1997 January 17, therefore, it can be well approximated to the normal component B_n . The grayscale image of B_{LOS} is overplotted with A_p (arrows in panel a) and v_{LCT} (arrows in panel b). F_{tot} is estimated by integrating proxy values, i.e., $-2(A_p \cdot v_{\text{LCT}})B_n$ (grayscale image in panel c), for the relative magnetic helicity flux density over the entire AR photospheric surface under consideration. Figure reproduced from Chae [2001] by permission of the AAS.

respectively, to infer $v_{\rm h}$ and $v_{\rm n}$, and using the helicity flux formula of Equation (1.21). Several follow-up studies were carried out using the same $F_{\rm tot}^{\rm KK}$ method, in particular, considering the temporal variations of $F_{\rm v_n}$ and $F_{\rm B_n}$ separately [e.g., Kusano et al., 2003, Yokoyama et al., 2003]. Since then, $F_{\rm tot}$ has been estimated using several different methods to infer the plasma flow velocity from a sequence of (vector) magnetic field data [e.g., Welsch et al., 2004, Longcope, 2004, Schuck, 2006, 2008, Chae and Sakurai, 2008].

In addition, there was an approach by Pariat et al. [2005, hereafter $F_{\text{tot}}^{\text{EP}}$] to determine F_{tot} explicitly using a specific form of \mathbf{A}_{p} that satisfies the CG (i.e., $\nabla \cdot \mathbf{A}_{\text{p}} = 0$),

$$\boldsymbol{A}_{\mathrm{p}} = \frac{1}{2\pi} \boldsymbol{\hat{n}} \times \int_{\mathrm{S}_{\mathrm{ph}}'} B_{\mathrm{n}}(x') \frac{\boldsymbol{r}}{r^2} \, dS'.$$
(1.29)

By inserting $A_{\rm p}$ of Equation (1.29) into Equation (1.21), $F_{\rm tot}^{\rm EP}$ can be expressed as

$$F_{\rm tot}^{\rm EP} = -\frac{1}{2\pi} \int_{\rm S_{ph}} \int_{\rm S'_{ph}} \frac{\boldsymbol{r} \times [\boldsymbol{u} - \boldsymbol{u'}]}{r^2} \bigg|_{\rm n} B_{\rm n} B'_{\rm n} \, dS \, dS'.$$
(1.30)

As discussed in Pariat et al. [2005], the $F_{\text{tot}}^{\text{EP}}$ method was shown to be more efficient in reducing spurious signals in the map of the relative magnetic helicity flux density (i.e., the integrand in Equation (1.30)) compared to that from the $F_{\text{tot}}^{\text{JC}}$ method (i.e., the integrand in Equation (1.27)).

1.4. Practical applications

1.4.1. Temporal variation

Since several practical methods were developed in the 2000s to estimate F_{tot} across the AR photosphere from solar magnetic field observations (refer to Section 1.3.2), there have been many studies to find out any temporal variations in the magnetic helicity over various timescales in relation to flaring activity of the source ARs, particularly for comparing differences of flaring versus non-flaring ARs. In the context of timescales under consideration, time series analyses of F_{tot} can be generally classified into two categories: (1) short-term (tens of minutes to a few hours) and (2) long-term (a few hours to several days). In the case of short-term variation, for example, there were reports of a large, impulsive variation in the time series of F_{tot} over the course of the flare [e.g., Moon et al., 2002a,b, Hartkorn and Wang, 2004, Romano et al.,



Figure 1.4: Long-term trend of increase in $\Delta H_{\rm R}$ across the photospheric surface of NOAA AR 9672 before the onset of an X1.3 flare on 2001 October 25. The MDI line-of-sight magnetic field and EIT 195 Å intensity images of the AR, taken at ~16:00 UT, are presented in panels (a) and (b), respectively. In panel (c), the temporal variations in $\Delta H_{\rm R}$ (cross-solid line), the total unsigned flux (diamond-solid line), and GOES soft X-ray flux (dotted line) are shown, together with the two distinct (i.e., increase and steady) phases in the observed profile of $\Delta H_{\rm R}$. Figure reproduced from Park et al. [2008] by permission of the AAS.

2005, Bi et al., 2018]. The impulsive variation in F_{tot} typically occurs during the rise phase of the flare X-ray flux, and the magnitude of the impulsive helicity variation (i.e., $\Delta H = \int_{t_0}^{t_1} F_{\text{tot}} dt$ with t_0 and t_1 as the flare start and end times) correlates with the flare X-ray peak flux. Although this impulsive variation in F_{tot} was found for multiple flare events, we should be cautious because photospheric magnetograms derived from spectropolarimetric observations (in particular, pixels where white-light flare kernels are located) can be significantly affected by flare emission, as mentioned by Hartkorn and Wang [2004].³ We note that a detailed investigation of short-term variations in F_{tot} may help us to understand the flaretrigger process (e.g., tether-cutting magnetic reconnection, rapidly growing MHD instabilities), and the relevant flare-associated evolution of the photospheric magnetic field.

With respect to flare-associated variations in F_{tot} on a long-term scale, one of the most remarkable observational findings is that flaring ARs show a large, continuous increase in ΔH_{R} (i.e., the time integral

 $^{^{3}}$ An example of such disturbed polarimetric signals can be found in the magnetogram of Figure 1.1 of this chapter, in which the core of the positive (negative) polarity sunspot shows a negative (positive) signal.



Figure 1.5: Long-term increasing trend of $H_{\rm R}$ in the coronal volume of NOAA AR 11158 prior to an X2.2 flare on 2011 February 15. (Left) A selected set of coronal magnetic field lines extrapolated from the photospheric vertical magnetic field (grayscale image), is displayed with different colors according to their maximum altitude. (Right) Temporal variations of $H_{\rm R}$ (red line), $\Delta H_{\rm R}$ (blue line), the total unsigned magnetic flux (black line), and the GOES soft X-ray flux (gray line). Figure reproduced from Jing et al. [2012] by permission of the AAS.

of F_{tot}) over an interval of several hours to a few days before the flare onset. Figure 1.4 presents an example of this long-term increasing trend of ΔH_{R} (cross-solid line in panel c) in NOAA AR 9672, which produced an X1.3 flare (dotted line in panel c) on 2001 October 25. Interestingly, ΔH_{R} increased monotonically during a pre-flare phase of ~24 hour (marked by the dark gray bar and labeled I) and then remained almost constant for the post-flare phase (labeled II). On the other hand, AR's total unsigned magnetic flux (diamond-solid line in panel c) changed little over the entire investigation period, making it difficult to find any flare-associated temporal variations. This trend of increase in ΔH_{R} was found in many other large flaring ARs [e.g., Park et al., 2008, 2010a,b, 2012, 2013, Kusano et al., 2002, Magara and Tsuneta, 2008, Vemareddy et al., 2012, Romano et al., 2014, Vemareddy, 2015, Romano et al., 2015], whereas no characteristic evolution of ΔH_{R} was observed in flare-quiet ARs. Some statistical studies of this increase in helicity in relation to the flaring activity are discussed in Section 1.4.2.

In the same context, as shown in Figure 1.5, a long-term increase in helicity was also found in the time profile of the relative magnetic helicity $H_{\rm R}$ in the coronal volume of ARs that produced large flares [e.g., Park et al., 2010a, Jing et al., 2012, 2015, Thalmann et al., 2019]. The observed increasing patterns of both $\Delta H_{\rm R}$ and $H_{\rm R}$ prior to flares support the idea that $H_{\rm R}$ in the AR corona is mainly supplied by $F_{\rm tot}$ through the bottom surface (i.e., the AR photosphere). It is also thought that $H_{\rm R}$ is well preserved over timescales of a few hours to several days, for example, as shown by Park et al. [2010a], based on



Figure 1.6: Maps of the relative magnetic helicity flux density for NOAA AR 8100, observed at 00:49 UT (panel a) and 23:11 UT (panel b) on 1997 November 3, are presented in the blue and red color scale. The AR produced an X2.1 flare at 05:52 UT on November 4. The positive and negative vertical magnetic fields are indicated by pink and black contours, respectively. Some regions of interest are marked by the rectangular boxes with the following labels. A: the main PIL; B: a southern part of the main positive polarity sunspot; C and D: satellite patches in which the magnetic polarity is opposite to that of the nearby main spot; F: a region with strong upflows on the photospheric surface; G: a region in which the helicity flux density is predominantly negative in sign. Figure reproduced from Kusano et al. [2002] by permission of the AAS.

the comparison of approximately five-day profiles between $H_{\rm R}$ and $\Delta H_{\rm R}$ for NOAA AR 10930. Moreover, over the course of AR evolution, the pre-flare increasing trend of the helicity may reflect a complicated process of building up the free magnetic energy in the corona by the emergence of twisted magnetic flux tubes and/or footpoint shear motions of the magnetic field line.

One of the most important aspects of studying the magnetic helicity is that it measures the handedness of twisted magnetic field lines: i.e., *positive* helicity in the case of right-handed twist and *negative* helicity for the left-handed case. As shown in Figure 1.6, Kusano et al. [2002] examined the spatial distribution and evolution of the relative magnetic helicity flux density across the entire photospheric surface of NOAA AR 8100 during a five-day interval from 1997 November 1 to 5. They found that negative helicity transport was predominantly caused by F_{v_n} over the first 2.5 days of the investigated interval, while helicities of positive and negative signs were transported by F_{v_n} and F_{B_n} , respectively, for the rest of the interval. In the latter phase, multiple flares, consisting of three M-class flares and one X2.1 flare, occurred in the region (labeled G in panel b of Figure 1.6), where negative helicity was consistently transport of helicity via a localized area (typically around PILs) with a sign opposite to the preloaded helicity in the AR corona has been reported in many other observations of flaring ARs [e.g., Yokoyama et al., 2003, Wang et al., 2004,



Figure 1.7: Time profiles of $\Delta H_{\rm R}$ (black line) and Φ (blue line) for four ARs that produced multiple eruptive flares with CMEs. The red vertical lines indicate the times when the CMEs first appeared in the LASCO/C2 field of view. Figure reproduced from Park et al. [2012] by permission of the AAS.

Park et al., 2010a, Vemareddy et al., 2012, Jing et al., 2015]. When the subsequent opposite-sign helicity flux in the localized areas of the AR becomes larger than the helicity flux in the rest of the areas, the sign of F_{tot} is actually reversed over the course of its measurement, which is called the *helicity sign reversal*.

Park et al. [2012] performed time series analysis of F_{tot} for a set of different AR samples, each of which produced eruptive flares and accompanying CMEs. They found that all the investigated eruptive flares occurred following a remarkable increase in ΔH_R first and the subsequent reversal of the helicity sign (see Figure 1.7). Here the helicity sign reversal is shown as the slope of the time profile of ΔH_R changes its sign. In contrast, examining temporal variations of F_{tot} for NOAA AR 12257, Vemareddy [2021] reported that there were only small C-class flares without CMEs even when the helicity sign reversal proceeded. However, it should be noted that in the case of NOAA AR 12257, there was no significant transport of helicity before the sign reversal, while a large amount of helicity transport was made for the ARs under study in Park et al. [2012]. A careful investigation is needed when interpreting the helicity flux density map; for example, artificial signals may be generated owing to various limitations in observational data and practical methods, as indicated by Pariat et al. [2005, 2006]. Meanwhile, Jing et al. [2015] conducted



Figure 1.8: (Left) Coronal magnetic field lines extrapolated from the vertical magnetic field (grayscale image) at the photospheric surface of (a) AR 11158 at 21:00 UT on 2011 February 14 and (b) AR 12192 at 19:00 UT on 2014 October 24. (Right) Time profiles of $|H_j|/|H_R|$ for (c) AR 11158 and (d) AR 12192. In panels (c) and (d), the shaded areas represent the spread of the values of $|H_j|/|H_R|$ from the three different methods used to estimate the volume helicity. The vertical dashed and solid lines indicate the GOES peak times of the M- and X-class flares, respectively. The horizontal dashed line marks the value of $|H_j|/|H_R| = 0.17$ as a reference. Figure reproduced from Thalmann et al. [2019] by permission of the AAS.

an interesting comparison study of eruptive versus confined flares by analyzing the evolution of $H_{\rm R}$ in the AR corona. They found that $H_{\rm R}$ remarkably decreased ~4 hour prior to the eruptive X2.2 flare on 2011 February 15, whereas no such decrease in $H_{\rm R}$ was found in the case of the confined X3.1 flare on 2014 October 24.

It is noteworthy that the observed signatures of (1) the helicity sign reversal and (2) the sudden decrease in $H_{\rm R}$ prior to eruptive flares can be explained by the flare-trigger MHD simulation model of Kusano et al. [2012], in which, as a flare trigger, a small-scale bipolar magnetic structure supplies helicity of opposite sign into the pre-existing sheared arcade system.

There have been longstanding discussions on the role of magnetic helicity as a sufficient indicator of

solar eruptions. Based on practical methods of estimating the magnetic helicity (refer to Section 1.3), many trials have been conducted so far to determine the *magic* parameter that has the capability of providing a threshold above which flares and CMEs occur. In this respect, Pariat et al. [2017] proposed a new parameter for the solar eruptivity criterion, which is the ratio of the magnetic helicity of the currentcarrying magnetic field to the total relative helicity, $|H_j|/|H_R|$. For NOAA AR 12673, which produced the largest X-class flare of solar cycle 24, Moraitis et al. [2019] found that the helicity ratio increased and then relaxed to lower values before and after, respectively, each of the two major X2.2 and X9.3 flares on 2017 September 6. Through the analysis of observations and coronal field extrapolations of two flaring ARs with eruptive versus confined flares, as shown in Figure 1.8, Thalmann et al. [2019] found a similar increasing/decreasing trend of $|H_j|/|H_R|$ before and after the major eruptive flares in NOAA AR 11158. However, this was not observed in NOAA AR 12192, which produced only confined flares without CMEs. Another follow-up study of Gupta et al. [2021], with a set of 10 different NOAA-numbered AR samples, shows results supporting that the helicity ratio has a strong ability to indicate the eruptive potential of an AR, albeit with a few exceptions. A further statistical study with more samples is needed.

Then, why does the helicity ratio, $|H_j|/|H_R|$, seem to predict flare eruptions well? There have been intensive studies on critical conditions for a current-carrying structure (e.g., twisted flux ropes) to successfully erupt against its surrounding confinement field, as represented by the torus instability [Kliem and Török, 2006, Démoulin and Aulanier, 2010] and the double-arc instability [Ishiguro and Kusano, 2017]. In fact, various "relative" quantities have been proposed in the framework of instabilities for a current system in the corona and tested with observations of the eruptive and confined flares [Sun et al., 2015, Toriumi et al., 2017, Lin et al., 2020, Li et al., 2020, Kusano et al., 2020, Kazachenko et al., 2022]. In this respect, $|H_j|/|H_R|$ may reflect the magnetic relationship between the current-carrying structure (the flux rope) and the entire system (the whole AR), which is one of the key factors that determine these instabilities.

Recently, using wavelet analysis, attempts have been made to determine any characteristic periodicities in the time series of F_{tot} for flaring ARs. For example, Korsós et al. [2020] and Soós et al. [2021] reported that there are some differences in the identified periodicities between flaring ARs with large M- and X-class flares and ARs with smaller B- and C-class flares. In this context, more detailed studies in the future may help us to better understand whether the evolution of the magnetic field on the photosphere is inherently different between large flaring ARs and the others, as well as to predict the likelihood of flare occurrence for a target AR.



Figure 1.9: Flare-productive probability as a function of $|\langle F_{tot} \rangle|$, respectively, for C-class (diamonds), M-class (triangles), and X-class (squares). The gray bars indicate the total number of AR samples in the defined bins. Figure reproduced from Park et al. [2010b] by permission of the AAS.

1.4.2. Statistical trends

Examination of the magnetic helicity on many sample ARs has revealed the statistical tendency that flare-rich ARs harbor a larger amount of magnetic helicity or helicity flux. For instance, LaBonte et al. [2007] surveyed the helicity injections for 48 X-flaring ARs and 345 reference regions without X-flares. They derived an empirical threshold for the occurrence of an X-class flare that the peak helicity flux, max $|\langle F_{tot} \rangle|$ given by Equation (1.27), should exceed a magnitude of 6×10^{36} Mx² s⁻¹.

Park et al. [2010b] expanded the analysis to 378 ARs and investigated the correspondence between the 24 hour-averaged helicity flux, $|\langle F_{tot} \rangle|$ based on Equation (1.27), and the next 24-hour flare index (i.e., the sum of GOES soft X-ray peak intensities of flares that occurred in the next 24 hour after the helicity measurement). They demonstrated that, for 91 subsamples with an unsigned magnetic flux of $(3-5) \times 10^{22}$ Mx, the helicity flux for the flaring ARs was approximately twice that of the quiescent ARs. On the other hand, 118 ARs with large helicity rates did not show a significant difference in magnetic flux between the flaring and quiescent groups. As shown in Figure 1.9, these authors also found that the larger value of $|\langle F_{tot} \rangle|$ an AR has, the higher the flaring activity of the AR is in all cases of C-, M-, and X-class flares.

Regarding the differences between CME-eruptive and non-eruptive flares, Nindos and Andrews [2004]



Figure 1.10: Scatter plots of ARs as functions of free magnetic energy (denoted as E_c in this diagram) and absolute relative magnetic helicity ($|H_m|$ here). The blue diamonds, red squares, and red asterisks denote the non-flaring, M-class flaring, and X-class flaring ARs, respectively. The dashed horizontal and vertical lines indicate the thresholds for M-class events ($2 \times 10^{42} \text{ Mx}^2$ and $4 \times 10^{31} \text{ erg}$). The dotted and dash-dotted lines are the least-square best fit and least-square best logarithmic fit for the data points, respectively. Figure reproduced from Tziotziou et al. [2012] by permission of the AAS.

examined the coronal magnetic helicity, derived under the assumption that the coronal field of each AR has a constant force-free α (Section 1.5.1) for 133 M-class events from 78 ARs. They revealed the statistical tendency that the pre-flare α values and coronal helicity of the non-eruptive flares are smaller than those of the eruptive flares. Park et al. [2012] examined 47 CMEs in 28 ARs and showed that there was also good correlation between $|\langle F_{tot} \rangle|$ and the CME speed. Interestingly, by tracing the helicity evolution, the CMEs analyzed were divided into two groups: a group in which helicity increased monotonically with one sign of helicity, and a group in which the sign of helicity reverses after a significant helicity injection (reversed shear: Kusano et al. 2004, 2012).

Tziotziou et al. [2012] investigated the relationship between the free magnetic energy (ΔE_{mag}) and relative helicity (H_{R}) on 42 ARs, finding that the flaring ARs possess higher free energy and relative helicity. As demonstrated in Figure 1.10, there exists a monotonic scaling between the two variables with a threshold for M-class events, which is 4×10^{31} erg and 2×10^{42} Mx² for the energy and helicity, respectively. This energy-helicity diagram was further examined by Tziotziou et al. [2014]. By using 3D numerical simulations of eruptive and non-eruptive cases and two observed, eruptive and non-eruptive ARs, they reconstructed the energy-helicity diagram and found a consistent monotonic scaling law.

However, care must be taken when considering such statistical results because magnetic helicity is homogeneous to the square of the magnetic flux. As shown in Section 1.1, ARs with larger areas or magnetic fluxes are more prone to flares, which may be included in the statistical results using extensive parameters (those scaling with AR size) including magnetic helicity [Welsch et al., 2009, Bobra and Couvidat, 2015, Sun et al., 2015, Toriumi and Takasao, 2017]. Therefore, to assess the eruptivity of ARs purely owing to the structural complexity and not to the AR area, it is worth considering the helicity normalized by the flux squared, $H_{\rm R}/\Phi^2$ [Démoulin and Pariat, 2009]. On the other hand, the results of statistical studies clearly demonstrate that there exist quantitative differences between flareproductive and quiescent ARs. This suggests that helicity-related variables may be useful for predicting and forecasting imminent flare occurrences.

1.4.3. Magnetic tongues: A proxy for the helicity sign

It has been suggested that *magnetic tongues* in ARs, the elongated yin-yang shaped patches of positive and negative magnetic polarities on the solar surface, can be used as a proxy for the magnetic helicity [López Fuentes et al., 2000]. It is thought that the positive and negative polarities extended on both sides of the PIL in longitudinal (or line-of-sight) magnetograms reflect the vertical projection of the poloidal (azimuthal) component of the emerging magnetic flux tube. When an arched flux tube rises and penetrates the photospheric surface, the horizontal cross section of the tube displays a pair of opposite polarity patches (magnetic tongues) with the PIL in between. If the flux tube is twisted or writhed, that is, if the emerging flux has a non-zero magnetic helicity (the situation in panels (a1) or (a4) in Figure 1.2), the tongue structure has an axisymmetric pattern, and the PIL deviates from an orthogonal angle to the main bipolar axis. Therefore, the layout of the tongues and the direction of the PIL were used to determine the sign of the magnetic helicity of the ARs. In fact, flux emergence simulations that assume twisted flux tubes often display magnetic tongues in the photosphere [e.g., Archontis and Hood, 2010, Toriumi et al., 2011].

Chandra et al. [2009] analyzed the evolution of the magnetic field in NOAA AR 10365 in May 2003 and found that it had a positive magnetic helicity. In fact, this AR produced an M1.6-class flare leaving a pair of J-shaped flare ribbons, another indication of twisting in ARs. Mandrini et al. [2014] analyzed the force-free parameter, α (Section 1.5.1), for NOAA ARs 11121 and 11123 and confirmed that the positive value for α agrees with the observed magnetic tongue.

Statistical analysis of magnetic tongues by Luoni et al. [2011] on 40 ARs showed that the helicity signs determined from the tongues were consistent with those derived from the photospheric helicity fluxes. Poisson et al. [2015a,b] systematically surveyed 41 bipolar ARs and demonstrated that the twist estimated from the tongues in general matched the force-free α derived from the coronal field extrapolations. By analyzing 187 ARs, Poisson et al. [2016] further investigated the dependence of tongues on the activity cycle. They found that the angle of the PIL relative to the bipolar axis (AR tilt) has only a weak sign dominance in each solar hemisphere ($\gtrsim 50\%$). In addition, the characteristics of the tongues, not only the PIL angle but also the amount of magnetic flux, polarity size, latitude, emergence rate, etc., are not dependent on the periods of the cycle.

1.5. Numerical models

1.5.1. Coronal field reconstructions

Owing to the limitations of magnetic field measurements in the solar corona, we rely on coronal field models to estimate the magnetic field energy and helicity. The simplest approach is to extrapolate the coronal field based on the observed photospheric magnetic field under the assumption that non-magnetic forces (e.g., pressure gradient and gravity) are negligible and that the Lorentz force vanishes, i.e.,

$$\boldsymbol{j} \times \boldsymbol{B} = \boldsymbol{0}, \tag{1.31}$$

where $\mathbf{j} = c/(4\pi)(\nabla \times \mathbf{B})$ is the electric current. This force-free condition can also be written as

$$\nabla \times \boldsymbol{B} = \alpha \boldsymbol{B},\tag{1.32}$$

where α is the force-free parameter. If $\alpha = 0$, or equivalently $\mathbf{j} = 0$ (current-free), the coronal field is the potential field (\mathbf{B}_{p}) , which is often used as the reference field when estimating the relative magnetic helicity (as in Equation (1.5)). If α is non-zero and constant everywhere in the coronal volume under consideration, the magnetic field is called a linear force-free field (LFFF). If α is non-uniform, the field is a non-linear force-free field (NLFFF: Figures 1.5, 1.8, and 1.11).

Here, only the vertical component of the photospheric magnetic field (B_n) is required as the bottom



Figure 1.11: NLFFF extrapolation on NOAA AR 10953. The best-fit NLFFF result is shown in panel (b) as white lines. The stereoscopically reconstructed field lines are displayed in panels (d) and (e), in which the solid black cubes outline the NLFFF computational domain. The loops inside the box are colored according to their misalignment angle from the NLFFF solution (yellow to orange corresponds to 5° to 45°). Figure reproduced from De Rosa et al. [2009] by permission of the AAS.

boundary condition to obtain the potential field, whereas all components of the vector magnetogram (B) are used for the LFFF and NLFFF. Extrapolation models, particularly NLFFF methods, have been extensively used for the direct determination of volume helicity in the AR corona (see discussions in the previous sections). The readers are referred to, e.g., Inoue [2016] and Wiegelmann and Sakurai [2021] for detailed accounts of extrapolation methods.

These reconstruction models, however, only provide steady-state coronal fields and may not be applicable to flare-productive ARs, which are highly dynamic in nature. To overcome this issue, temporally evolving models have been used. One approach of such coronal field reconstructions is data-constrained models, where the initial coronal field is prepared by extrapolations based on a snapshot magnetogram, and the subsequent dynamical evolution is obtained by solving the MHD equations.

Data-driven models, in which the coronal field evolves in response to sequentially updated bottom boundary magnetograms, may provide even more realistic coronal reconstructions. To investigate how accurately different data-driven models can reproduce a coronal field and quantities such as the magnetic helicity, Toriumi et al. [2020] used a flux emergence simulation as the ground truth (GT) dataset [Toriumi and Takasao, 2017]. In this GT simulation, a twisted flux tube initially placed in the convection zone rises into the atmosphere and eventually builds up coronal loops. These authors compared the GT coronal field with those reconstructed using multiple data-driven models based on sequential GT magnetograms. As illustrated in Figure 1.12, the helical flux rope structure was reproduced in all coronal field models. On the other hand, model-dependent results were obtained for quantitative comparison, with the magnetic energies (E_{mag} and ΔE_{mag}) and relative magnetic helicity (H_R) varying from the cases almost comparable to GT to those differed by orders of magnitude. The magnetic helicity was derived by the method in DeVore [2000], following Valori et al. [2012]. The observed model discrepancies were attributed to a highly nonforce-free input bottom boundary (GT magnetograms) and to modeling treatments of the background atmosphere, bottom boundary, and spatial resolution.

1.5.2. Idealized simulations

Numerical models of flux rope eruptions (i.e., CMEs) have also been employed to test the concept of magnetic helicity. For instance, Malanushenko et al. [2009] used eruption models to show that the additive self helicity (H_{Ri} : Equation (1.8)) is useful for determining the threshold beyond which a flux rope becomes unstable. The additive self helicity divided by the square of the magnetic flux through a cross section of



Figure 1.12: (Top and middle) Magnetic fields for ground-truth flux-emergence simulation (GT), potential field extrapolation (PF), and four data-driven coronal field reconstructions (MF, MHD1, MHD2, and MHD3). The bottom boundary shows the vertical GT magnetic field (i.e., the photospheric magnetogram). The colored tubes indicate the field lines, where the tubes with reddish (bluish) colors are integrated from the seeds placed in the positive (negative) polarity. The seeds were identical in all six cases. The time for MHD1 is 1000 s after the photospheric appearance of the emerging flux, while all other times are 4000 s. (Bottom) Temporal evolution of the apex height z_{apex} , magnetic energy E_{mag} , and relative magnetic helicity H_R for GT and the four coronal field models, MF, MHD1, MHD2, and MHD3. The normalization factor for time τ_0 corresponds to 25 s. Figure reproduced from Toriumi et al. [2020] by permission of the AAS.



Figure 1.13: Examination of helicity ratio $(|H_j|/|H_R|)$ by Pariat et al. [2017]. (Left) Snapshots of two simulation cases (non-eruptive and eruptive) with medium arcade strength. (Right) Time evolution of the helicity ratio for the seven parameter cases. The eruptive cases show higher values above 0.45. Note that the relative helicity H_R is denoted in the figure as H_V . Reproduced with permission from Astronomy & Astrophysics, ©ESO.

the tube, $H_{\text{R}i}/\Phi^2$, can be considered as a generalization of the twist number [Berger and Field, 1984], which has been used to discuss the threshold of kink instability. The authors investigated the evolution of $H_{\text{R}i}/\Phi^2$ in the simulations, in which a twisted flux rope kinematically inserted into the computational domain interacted with a pre-existing coronal arcade and deformed into a writhed configuration owing to the kink instability [Fan and Gibson, 2003]. Over time, the (absolute) magnitude of $H_{\text{R}i}/\Phi^2$ increased until it reached a threshold value of ~1.5 for the instability to occur.

Another simulation model that was employed to validate the usage of helicity was given by Leake et al. [2013, 2014], where a magnetic flux emerges into a magnetized corona, which may or may not erupt depending on the direction of the coronal arcade (Figure 1.13). Pariat et al. [2017] investigated the temporal evolution of several global scalar quantities to determine whether they could discriminate between eruptive and non-eruptive cases. It was found that the helicity ratio $|H_j|/|H_R|$ can determine the eruptivity, whereas other quantities such as the magnetic flux (Φ), magnetic energies (ΔE_{mag} , $\Delta E_{mag}/E_{mag}$, etc.), and total relative helicity ($|H_R|$) cannot (see Section 1.4.1 for the details).

1.6. Summary and Discussion

In this chapter, we have reviewed the following: (1) solar flares and CMEs tend to occur in ARs with complex structures; (2) therefore, various concepts of magnetic helicity, which is the physical quantity that measures the complexity of magnetic fields, help to understand the occurrence of flares and CMEs; and (3) based on the statistical findings, these concepts may be useful for the prediction and forecasting of such eruptive events. Magnetic helicity is not limited to mere theoretical research, but its practicality has been proven by a variety of studies that exploit actual observational data. However, there remain important topics that cannot be addressed in detail in this chapter.

For instance, there is an issue that the absolute value of magnetic helicity may vary, depending on which gauge is employed for both A and A_p , as discussed in Pariat et al. [2015] and Schuck and Antiochos [2019]. This gauge issue can be problematic, particularly when comparing results obtained from different methods of estimating helicity and investigating a critical value of helicity for flare- or CME-trigger instabilities. In addition, as in Equation (1.11), the definition of the temporal variation of the relative magnetic helicity dH_R/dt and its flux components on the boundary surface may not be fully consistent between previous studies with somewhat different gauge choices. We also note that each flux component may not be gauge-invariant, but only their sum is. On the other hand, different ways of implementing helicity formulas, as well as in preprocessing observational data, can result in inconsistent results due to numerical errors and artificial noise. Future community-wide efforts, such as "Helicity Thinkshops" and "Helicity2020", may need to be made to discuss and achieve a general consensus on the issues addressed here.

It is important to note that we still need to resolve various sources of uncertainty in determining the evolution of magnetic helicity for ARs. First, as a problem on the observational side, there are inaccuracies in photospheric magnetograms. For instance, if there are magnetic field structures with the sizes smaller than the spatial resolution, magnetic helicity may be underestimated. Other causes of inaccuracies include the 180 degree ambiguity of the transverse field, general difficulties in calibration, improperly assumed atmospheres in the Stokes inversions, corrugation of line formation heights, and inadequate sampling of spectral profiles (see, e.g., del Toro Iniesta 2003; some of these issues will be discussed later in this section). Second, there is a difficulty of using the photospheric data in estimating the relative helicity and/or helicity flux for the corona. The dynamic chromosphere lying between the photosphere and the corona may have an effect on the coronal energetics that cannot be perceived by photosphere observation alone, and this may also be one of the causes of misassessing magnetic helicity of the corona. Third, as

mentioned in the previous paragraph, because the relative helicity is not invariant to gauge selection, it is critically important to confirm that the applied gauges are the same when comparing different relative helicity estimates. Otherwise, the comparison will lead to a wrong conclusion about the AR evolution and its relationship with eruptivity (see Sections 1.2 and 1.3.1 for the details).

To understand the flaring activity of ARs, thus far, most magnetic helicity studies have focused on the temporal evolution of magnetic helicity with a set of *individual* ARs over a span (typically, a few days to two weeks) of their (partial) passages on the solar disk. On the other hand, very recently, a novel approach was designed by Park et al. [2021] to examine whether there are any flare-associated differences in heliographic regions on a larger scale with respect to the degree of complying with the hemispheric sign preference (HSP) of magnetic helicity. The HSP of magnetic helicity has a unique cycle-independent tendency, in which various features in the northern hemisphere of the Sun tend to exhibit negative or left-handed helicity, while they are positive in the southern hemisphere. In the study of Park et al. [2021], heliographic regions were defined in the Carrington longitude-latitude plane with a grid spacing of 45° in longitude and 15° in latitude. The authors examined the relative magnetic helicity flux $F_{\rm tot}$ across the photospheric surface for 4,802 samples of 1,105 unique ARs observed during solar cycle 24. They found that heliographic regions with lower degrees of HSP compliance are likely to show higher levels of flaring activity as well as larger values of the average magnetic flux. What does this observational result tell us? Based on simulations of the rise of magnetic flux tubes deep in the convection zone by Manek and Brummell [2021], we can deduce that if the helicity sign of a rising flux tube is against the HSP, then the tube's field strength is relatively larger for its successful rise compared to the other case of a tube with its helicity sign following the HSP. The assumption behind this speculation is that the background poloidal field strength is quasi-isotropic in the tachocline. The association of the lower HSP with the higher flaring activity may also suggest that there are localized regions in the convection zone where large-scale downflows and strong turbulence are present. Rising flux tubes therein may have an opposite sign of magnetic helicity as compared to the one expected from the HSP, may possess greater magnetic complexity (such as δ -spots), and may produce large flares. Such HSP studies may offer an indirect understanding of the elusive magnetic nature of the solar interior as well as the interaction between flux tubes and convection flows, which may be the origin of bearing flare-productive ARs [Toriumi and Wang, 2019]. Moreover, realistic dynamo simulations and helioseismology studies will help us better understand the formation and evolution of flaring ARs even before their emergence on the solar surface.

In the last decades, especially since the sequential (vector) magnetograms became available from

space, we have deepened our understanding of the usefulness of magnetic helicity. While there still remain difficulties in accurately estimating the magnetic helicity, such as those caused by the aforementioned ambiguity in deriving the transverse magnetic field in the photosphere, we expect that such difficulties can be overcome or at least mitigated in the near future. For example, methods that employ stereoscopic disambiguation may be helpful (e.g., with Solar Orbiter: Rouillard et al. 2020, Valori et al. 2022). The photospheric magnetic field, from which the coronal field is reconstructed, deviates significantly from the force-free state. However, it may be possible to improve the coronal field reconstruction by incorporating the chromospheric field, which yields a better force-freeness (e.g., with DKIST and Sunrise-3: Wiegelmann et al. 2008, Fleishman et al. 2019). Numerical simulations have been used to validate the helicity estimation methods, but by utilizing more realistic flux-emergence simulations that have appeared in recent years, it will be possible to examine these methods with even higher accuracy [Cheung et al., 2019, Toriumi and Hotta, 2019, Hotta and Iijima, 2020]. These advanced studies are expected to lead to further understanding and better prediction of flares and CMEs in the near future.

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